

MIREYA VILAR COMPTE

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EDUCATION

PhD **New York University, USA**
Public Policy, 2009

Dissertation: “A Study of Immigration and Obesity among Recent Mexican Immigrants to the New York City Area”

Beth Weitzman (chair), James Macinko, and Steve Heeringa

Fields: Public Policy, Health Policy, Quantitative Research Methods, Sampling and Survey

MPhil **New York University, USA**
Public Administration, 2006

MSc **University of York, UK**
Development and Public Policy, 1998

BA **Instituto Tecnológico Autónomo de México, Mexico**
Political Science, 1996

RESEARCH GRANTS

UCMEXUS-CONACYT Collaborative Grant

Jointly with Arturo Vargas-Bustamante, UCLA, 2016
Research area: Social isolation, aging and hypertension self-management, Mexican and Mexican-Americans

PIMSA, Research Grant, University of California at Berkeley
Jointly with Arturo Vargas-Bustamante, UCLA, 2016
Research area: Social isolation and chronic diseases self-efficacy among Mexican and Mexican American older adults

IIDSES, Research Grant

UIA, 2015-2016
Research area: social isolation in urban older adults; how participating in community centers for older adults affects aging; the effect of the built environment in aging.

FICSAC, Research Grant

UIA 2014-2016

Research area: pilot intervention on diabetes management in community centers for older adults.

IIDSES, Research Grant

UIA, 2014-2015

Research area: determinants of food insecurity among older adults; effect of demogrants in food insecurity among older adults.

IIDSES, Research Grant

UIA, 2013-14

Research area: validation of the Latin-American and Caribbean food security scale for urban older adults; Mexico City's older adults health and nutrition survey.

UCMEXUS-CONACYT Collaborative Grant

Jointly with Arturo Vargas-Bustamante, UCLA, 2012

Research area: impact of the 2008 financial crisis on food security

Robert W. Johnson Foundation Pilot Grant, EUA

Jointly with James Macinko, NYU, 2008

Research area: immigration and obesity

FELLOWSHIPS, SCHOLARSHIPS AND HONORS

National System of Researchers SNI-I

Member 2015

Award for the most innovative research

22nd Canadian Conference of Global Health, 2015

"Leg Length index (LLI) as an indicator of early nutrition on environments. Is LLI associated with overweight and obesity in a sample of Mexican –born adult women who migrated to the U.S.?"

Consejo Nacional de Ciencia y Tecnología, México-USA

Doctoral fellowship, 2001-2006

Fulbright, México-USA

Doctoral scholarship, 2001-2004

Wagner Graduate School of Public Service, NYU, EUA

Doctoral scholarship, 2001-2003

University of York, UK

Distinction granted for the master degree, 1998

Ford Foundation, México-UK

Master level scholarship, 1996-1997

Instituto Tecnológico Autónomo de México, México

Distinction granted for BSc, 1996

Medal “Palacios Macedo” – best GPA, 1996

RESEARCH AND TEACHING

Universidad Iberoamericana, 2012- to date

Professor and lead public health researcher at EQUIDE, Research Institute for Equitable Development (2015 - to date)

Associate Professor, Health Department (2012 - 2105)

Courses taught: *Public Policy Analysis (master level); Public Health (BA level); Health Economics (BA level); Program Evaluation (master level); Health and Nutrition Policy (BA level).*

Research areas: aging; food security; chronic diseases; social determinants of health; health disparities

Current research:

- Community approaches for chronic disease management among older adults (intervention project)
- Social isolation in older adults and its effects in chronic conditions self-efficacy
- Aging and the built environment in large urban areas
- Is mHealth a feasible strategy to improve pregnancy outcomes among Mexican vulnerable women?
- Nutrition training for health professionals in primary care: Who delivers the best advice? Task shifting implications
- Domestic abuse and depression in older adults (joint project with the National Institute of Geriatrics)
- Urban poverty: measurement and policy challenges linked to health and nutrition.

Current Consultancy Projects

- Evaluation of the training program for early nutrition to health professionals of *Propsera* (former *Oportunidades*)
- What types of state level interventions help mitigate severe food insecurity among older adults in Mexico? A multi-level analysis

& Aging, 3 (3), 173-179.

Vilar-Compte, M., Bernal-Stuart, A., Sandoval, S, Pérez-Lizaur, AB. (2014) "The Effect of Mexican Household Food Security Status and Income Distribution on Food Access" Food Studies, volume 3 (2), 31-40.

Vilar-Compte, M., Bernal-Stuart, A., Sandoval, S, Pérez-Lizaur, AB (2014). "México: Un complejo mosaico de problemas de nutrición poblacional" In Pobreza y Desigualdad: un enfoque multidisciplinario. México: Universidad Iberoamericana (ISBN 978-607-417-260-7).

Vilar-Compte M. & Ortiz-Blas, L.A. (2013) "Households with Elderly members In Mexico. Can pensions or a demogrant help facing food insecurity?" International Journal of Aging and Society, 2 (4), 1-15.

PROFESSIONAL EXPERIENCE

World Bank

STC Human Development, 2009 - 2011

Health Economics Support to the Mexico Health Team

- Analysis of the Mexican Public Health Insurance (*Seguro Popular*)
- Analysis households' health spending patterns
- Labor market implications of non-contributory social protection programs

Coize Consultores

Health Sector Consultancy, 2008

Cost-Benefit Analysis of the program "*Caravanas de la Salud*"

OTHER TRAINING

Workshop "Reducing Poverty and Inequality: persistent Challenges and New Solutions"

University of Pennsylvania, Philadelphia, 2013

Institute for Social Research, Summer Program for Sampling and Survey Statisticians

University of Michigan, Ann Arbor, 2003

Strategic Management of Public Organizations

University of California, Berkeley, 2000